**Bement Boys Basketball
Expectations/Rules**

1. **Practice:**
	1. **BE AT PRACTICE**. Rare excused absences are acceptable, but the coaches need to be informed beforehand. Unexcused absences are not acceptable, and makeup conditioning will be assigned. Missing Saturday practices because of a Saturday Detention is considered an unexcused absence. If unexcused absences become a problem, you will be asked to leave the team. If you miss practice the day before a game, your playing time may shrink for that game.
	2. **BE ON TIME** and ready for all practices. This means dressed and ready to go at the start time (coaches will be at the gym at least 15 minutes before practices begin). If you are late, makeup conditioning will be assigned. (This includes coming from detention).
	3. You are expected to have appropriate attire (gym shorts, basketball shoes, etc.).
	4. We expect you to work hard and to the best of your ability at all times. Practices are designed to make you and the team better, so it is very important that you do
	5. **BE RESPECTFUL** to your coaches and teammates. Disrespect will not be tolerated. If you are disrespectful, you will be disciplined or dismissed.
	6. Come to practice with a positive attitude and ready to **listen and learn**.
	7. **DO NOT HORSEPLAY**. Team/individual running will be assigned if this is a problem.
2. **School**:
	1. You are expected to behave and be respectful to all of your teachers throughout the school day. Do not back-talk; turn in assignments, and DO NOT GET DETENTIONS!!!
	2. If you know you are going to be gone for something, make sure to go to the teacher beforehand to get assignments you will be missing.
	3. **DO NOT BE INELIGIBLE!** IESA runs eligibility quarterly, which means on October 20th, gradebooks start new, which makes each assignment more important. With the staff in our middle school and our three coaches, there is no reason you should ever be ineligible. If you have problems or need help, ask one of us and we will try to help. If you are ineligible multiple weeks in a row and you are not completing assignments or showing improvement, **you may be dismissed from the team.**
	4. Dress for PE every day. It is another opportunity to get better!
	5. We will be checking with your teachers to see how you are doing academically and how you are behaving in the classroom. Make sure we get good reports! (You will not like it if we get bad reports).
3. **Games:**
	1. Be on time to the gym or to the bus. We will not wait for you. Buses will leave from the east side of the high school.
	2. Come prepared with everything you need (uniforms, shoes, etc.)
	3. For away games, we ask that you wear nice looking jeans (no holes) and a Bement shirt. No baseball hats. If it is cold out, you may wear a stocking hat, but once you are in the gym, take it off.
	4. You must ride the bus to all away games according to the school code. After the games, your parents/guardians may sign you out if you choose to ride home with them.
	5. On the bus, you should be getting yourself ready for the game. Start thinking about what you will be doing on the floor. No yelling, No horseplay.
	6. During the 6-7th grade game, 8th graders must sit as a group and watch the game. During the 8th grade game, the 6-7th graders must do the same. They are your teammates. Cheer them on and be supportive. (You may even learn something!)
	7. On and off the court, practice good sportsmanship. Help teammates and opposing players up, give the ball back to the official after the play, do not talk to the opposing bench, be encouraging to your teammates, especially after a mistake, and DO NOT DISRESPECT A COACH OR OFFICIAL. **No one should receive a technical foul**. Conditioning will be assigned if this does occur.
	8. Be disciplined in all phases of basketball and behavior before during and after games. ***You are a representative of your town and school, and we want to leave a good impression to opposing teams and fans.***
4. **Bench/Locker Room Rules**:
	1. Pay attention to the game. Watch the offense, see what defense we are in, and listen to the coaches and players calling plays. If you go into the game, you should know what we are doing.
	2. If you are taken out of the game, do not come over to the bench with a negative attitude. Don’t assume you did something wrong.
	3. **ABSOLUTELY NO CELL PHONES ON THE BENCH EVER!** If you have your phone on the bench, you can play all you want on it….after we send you to the locker room for the rest of the game.
	4. Be positive and supportive of your teammates.
	5. When getting ready before and changing after the game, do not horseplay or fight in the locker room. **DO NOT BULLY**, and there will be no hazing of any kind.
	6. Do not take/hide/mess with your teammate’s equipment and belongings. If you are caught stealing, you will be dismissed from the team.
	7. Be respectful of the locker room home and away. Do not mess with anything that doesn’t belong to you.

You are expected to follow these rules and live up to these expectations every day. If problems arise, the coaches will deal with them to their discretion. We are as excited as you are to start the season on a good note. Go Bulldogs!